Robert Wood Johnson AIDS Program is one of 10 sites in Middlesex County providing FDA-approved HIV rapid tests. Available in New Jersey for the past decade, these tests offer results in minutes, not days, and can be critical in getting essential care and treatment started as quickly as possible.

How to Prevent HIV

There are several steps you can take to protect yourself against HIV/AIDS and some sexually transmitted diseases (STDs).

Understanding the risks can help you with decision-making to reduce your risk of exposure.

Latex Barrier Methods: Use **condoms**, **oral latex**, and **finger cots** when engaging in sexual activity.

- **Anyone exposed to HIV should be tested as soon as possible.** Early testing allows for treatment to be received, which can control HIV and prevent opportunistic infections.
- **Talk** to your partner about being tested.

It's easier to protect yourself than to keep track of others.

About Robert Wood Johnson AIDS Program

The Robert Wood Johnson AIDS Program (RWJAP) is a network site of the New Jersey Statewide Family Centered HIV Care Network. It provides care for individuals infected and affected by human immunodeficiency virus (HIV), including HIV-positive pregnant women and HIV-exposed infants.

RWJAP receives Health Resources and Services Administration Ryan White Treatment Modernization Act funding.

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RUTGERS
Robert Wood Johnson Medical School

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Free Rapid HIV Testing



RUTGERS
Robert Wood Johnson Medical School

A Robert Wood Johnson AIDS Program initiative

Are You at Risk?

Anyone who has engaged in a risky behavior at least once is at risk.

Some behavior is more risky than others. Risky behavior is not the direct cause of HIV.

Understanding HIV risk factors can help you better recognize your own risk. **Some of the most common behavioral risks include:**

- Having unprotected anal or vaginal sex with an HIV-infected person or with a person whose HIV status is unknown.
- Having multiple sexual partners.
- Sharing syringes or needles.
- Using non-sterile needles for piercing or tattooing.
- Contracting some STDs, such as herpes, chlamydia, or gonorrhea, or hepatitis.
- Having sex while under the influence of drugs or alcohol.

HIV is transmitted through four bodily fluids:

- Blood
- Semen
- Vaginal secretions
- Breast milk

Babies can be exposed and infected by an HIV-positive mother. HIV can be transmitted during pregnancy, labor and delivery, and through breastfeeding.

Being in love, going steady, or even getting married does not automatically protect you from HIV.

Do you know your HIV status?

- Human immunodeficiency virus (HIV) is the virus that causes AIDS.
- HIV is not a death sentence and does not mean you have AIDS.
- HIV is a chronic and treatable illness.
- You cannot tell by looking at someone if he or she has HIV.
- You or a partner could have it and not know it.
- You can be healthy for many years and not know you are infected.
- You can transmit the virus to others.
- HIV damages the immune system, the important part of the body that fights infection.
- By damaging the immune system, the virus leaves people open to other diseases.

The only way to know your HIV status is to get tested. Take control of your life. Get tested today!

Get Educated, Stay Protected, Get Tested

- Getting tested is easy!
- Testing is free and confidential.
- Specially trained and certified counselors are available to answer any questions or concerns you have about getting tested.
- Test results are available after 15 minutes with Clearview HIV 1/2 Stat-Pak.

What is Clearview HIV 1/2 Stat-Pak?
A single-use device intended to detect antibodies from a fingerstick whole blood, or venipuncture whole blood and plasma membranes.

In short, when infected with HIV, the body produces proteins called antibodies. This test is looking for those antibodies.

Understanding Your Results

Testing negative for HIV does not mean you are immune to getting the virus. It is important to keep protecting yourself. It can take ***up to six months*** to test positive for HIV after being exposed. This is called the *window period*. You should test again in six months and continue to protect yourself during this time.

Testing preliminary positive means there is a good chance you are infected with HIV. A second rapid test will be performed and confirmatory results will be available in 10 minutes.

Our trained and certified counselors have access to many agencies that may fit your needs.

Referrals can be made for a variety of services.

You are not alone! Ask for help or support.



To schedule an appointment for HIV testing, or for more information:

732-235-6142