RWJBarnabas HEALTH
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IMPORTANT INFORMATION

Please use this packet as a guide to help prepare for your new baby

- ☐ **28 week blood work will be ordered by your provider**
- ☐ **Do you have a pediatrician?**
  This should be done prior to giving birth. Discharge may be delayed if you don't have a designated pediatrician for your new baby. Be sure to check that the pediatrician takes your insurance. Please see attached list of some local pediatricians that come to our hospital.
- ☐ **Register for any classes at Robert Wood Johnson University Hospital/Barnabas (RWJUH/Barnabas) New Brunswick like a free maternity tour, breast feeding or new mom class.** Please see the "Childbirth and New Parent Education" handout for dates/times/cost and phone number to call and schedule. A maternity tour will help you know where to go on day of delivery.
- ☐ **Pre-register your delivery stay with the hospital by calling 1-844-795-4968 or by going to the following website using this link. https://www.rwjbh.org/rwj-university-hospital-new-brunswick/patients-visitors/pre-register-online/**

  See more information on "Expect the Best from Our Maternity Services" handout.

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- [ ] **Do you know where to go at RWJUH when it's time to deliver?** See last page for information regarding where to go to deliver.

- [ ] **Scheduling for your follow up postpartum appointment.** If you have a c-section, you need an appointment 1 week and 6 weeks after delivery. If you give birth vaginally, you need an appointment 6 weeks after delivery, unless instructed differently by your doctor. After you give birth, please call 732-235-6600 to schedule your appointment, if not already scheduled.

- [ ] **Disability paperwork**. Paperwork takes a minimum of 5 business days to complete. Disability forms usually come from your employer. Please include your last day of work. Our fax number is 732-235-6650. You will receive a phone call when completed. We recommend that you submit paperwork by 35 weeks.

For any questions:

WORK DAYS: Our office is open Monday-Friday 8:30 am – 4:30 pm, for any questions during this time period, please call 732-235-6143 to speak with our nurses.

NIGHTS/WEEKENDS: Please call 732-235-6600 and follow the prompts for the doctor on call if you have any of the below symptoms after office hours **or** if you cannot reach a nurse during office hours and have an emergency.

IF YOU ARE EXPERIENCING ANY OF THE FOLLOWING:

- vaginal bleeding
- gush of vaginal fluid
- contractions every 5-6 minutes for an hour
- unable to feel the baby move as usual

Please call the office immediately as per directions above.



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You will be giving birth at Robert Wood Johnson/Barnabas University Hospital.

The hospital is located at
1 Robert Wood Johnson Place, New Brunswick, NJ 08901

Our office recommends you go to the hospital a few weeks before you deliver to find the parking deck and become familiar with the area.

Please enter the hospital in the following ways:

1. BMSCH - Children's Hospital entrance

This is the fountain with statues of children. Your partner can leave your car here for a few minutes. Security will help you get to labor and delivery. Ring the bell if the door does not open automatically.

2. RWJ Main entrance

This is the ramp for dropping off patients. Valet parking is available. Security will help you get to labor and delivery.

3. Emergency Department

You do not need to go through the Emergency Room but, if necessary, they will help you get to labor and delivery.

4. Little Albany Parking Deck

If you feel better walking, you can park your car in the parking deck and walk to labor and delivery.

5. Plum Street Parking Deck

Same as above.

Labor & Delivery is located in the Tower building on the 3rd floor.